

A White Christmas is lovely, but a Green Christmas is even better!



Here are some tips from the Greentripper team to help you and your loved ones enjoy your most sustainable holiday season yet:

Christmas meal

- Cook a delicious Christmas meal with seasonal, local, and organic ingredients to support local & sustainable farming practices and simply to eat better.
- You can also cook plant-based meals, it is good for you and the climate. Did you know that the livestock industry generates 14.5% of all man-made greenhouse gas emissions? It requires huge amounts of space, water and feed. Instead, you could try vegan or vegetarian options.

Gift ideas

- This season, avoid fast fashion which damages ecosystems, threatens our health and violates human rights. Instead, gift “local” or second-hand items. Buying reconditioned technological equipment helps preserve our resources. Alternatively, consider donating to a cause instead of buying gifts or *give back to nature* with Greentripper by supporting a certified climate project for a previous trip .
- Wrap gifts sustainably by using 100% recycled paper, reusing old papers or furoshiki which are reusable gift wraps.

Christmas Decorations

- If you like to change up your Christmas decor every year, get creative and make your own eco-friendly decorations using natural materials like branches or pinecones (on many DIY websites). Avoid single-use plastics that cannot be recycled.
- Re-use old decorations to minimize waste. This approach saves you time, money, and energy while reducing your environmental impact. You could also up-cycle old decorations into new ones.

Christmas Tree

- Opt for LED lights on your Christmas tree – they’re energy-efficient, longer-lasting, and just as beautiful! And don’t forget to turn off your lights at night – it’s safer and more eco-friendly.
- Choose a reusable wooden tree or a live potted tree instead of a cut Christmas tree, so you could replant it and use it the next year.

Transportation

- Choose your transportation wisely by opting for public transport or sharing a car with other family members while going to Christmas parties or shopping.



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GIVE BACK TO NATURE

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